

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



BBQ Glazed Chicken Wrap
(G/W)

Beef & Lentil Bolognese
Pasta Bake
(MK, G/B*, W*)

Homemade Chicken
Sausage Roll & Gravy
(E, G/W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*,
G/W)

Battered Fish or Salmon
Fishcake & Chips
(F, G/B*, W)

S

VEGGIE



BBQ Glazed Quorn Wrap &
Wedges
(E, G/W)

Mac & Cheese
(MK, G/W)

Homemade Roast
Vegetable & Stuffing Roll
(G/W)

Cheese & Tomato Pizza
(MK, G/W)

Veggie Sausage Roll &
Chips
(MK*, SO, G/B*, O*, W)

V

SIDES



Carrots & Green Beans

Mixed Green Salad

Rustic Roasted Potatoes
with Roasted Carrots &
Parsnips

Homemade Potato Wedges
& Green Salad

Beans or Peas

V S

V

V S

V

V

PASTA & JACKET



Vegan Roasted Vegetable
Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil Pasta
(CE, G/W)

Jacket Potato & Salad

Mac & Cheese
(MK, G/W)

V

V

PUD



Sprinkle Sponge Cake &
Custard
(E, MK, SO*, G/W)

Fruit Jelly

Lemon Drizzle Cake
(E, MK, SO*, SU, G/W)

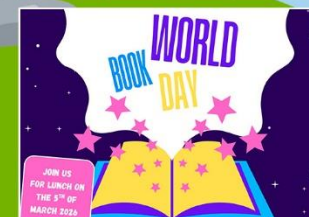
Orange Syrup Sponge &
Vanilla Sauce
(E, MK, SO*, G/W)

Vanilla & Raisin
Shortbread Biscuit
(G/W)

V

V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

19 JAN / 09 FEB
09 MAR /

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG