

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Jerk Chicken Curry

Beef Burger
(SE*, SO, SU, G/W)

Roast Chicken & Gravy

Beef & Lentil Keema Curry
(G/B*, O*, R*, W*)

Fish Fingers or Salmon
Fishcake & Chips
(F, G/B*, W)

VEGGIE



Sweet Potato, Chickpea &
Coconut Curry
(CE, G/B, O, R, W)

Vegetable Burger
(SE*, G/W)

Roasted Root Vegetable
Pie & Gravy
(CE, G/W)

Vegetable & Lentil Keema
(CE, G/B, O, R, W)

Vegan Nuggets & Chips
(G/W)

V S

V

V S

V

V

SIDES



Rice & Peas with Green
Beans
(CE)

Homemade Potato Wedges
& Green Salad

Rustic Roast Potatoes with
Roasted Carrots & Parsnips

Steamed Rice & Green
Beans

Baked Beans & Peas

V

V

V S

V

V

PASTA & JACKET



Vegan Roasted Vegetable
Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil Pasta
(CE, G/W)

Jacket Potato & Salad

Mac & Cheese
(MK, G/W)

V

V

PUD



Banana Cake & Custard
(E, MK, SO*, G/W)

Chocolate & Orange
Brownie
(E, MK, SO, G/B, W)

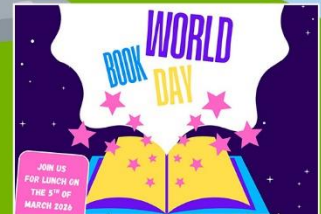
Apple Crumble & Custard
(MK, G/W)

Carrot Cake
(E, MK, SO*, G/B, O, W)

Ice Cream
(MK)

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

05 JAN / 26 JAN
23 FEB / 16 MAR /

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

Olive
dining
food with passion